



Resources – Trust others

- <https://management30.com/moving-%20motivators>
- <https://tinybuddha.com/blog/how-i-learned-to-trust-others-by-learning-to-trust-myself/>
- <https://www.youtube.com/watch?v=Ci-zID4EAPU>
- <https://www.youtube.com/watch?v=aAcvRVONfQ4>
- <https://www.youtube.com/watch?v=pVeq-0dlqpk>
- <https://www.psychologytoday.com/us/blog/fixing-families/202109/how-learn-trust-others>