



Resources – Toxic relationships

- <https://www.youtube.com/watch?v=ON4iy8hq2hM>
- <https://www.youtube.com/watch?v=6AXUUB7P4IE>
- <https://time.com/5274206/toxic-relationship-signs-help/>
- <https://www.healthline.com/health/toxic-relationship#signs-of-toxicity>
- https://www.youtube.com/watch?v=XxtSVM1c_HU